

Elmvale Skating Club

General Information about Test Days

Skate Canada- Central Ontario (COS) conducts the following types of test days:

- Low Test Days
- High Test Days
- Competitive Test Days

This information brochure is designed to help parents/skaters understand the COS Test Day !



Test Day Buddy Clubs

Test Days can be expensive events to run for a small number of skaters; therefore in our area, Elmvale Skating Club usually “buddy” with other clubs in our area. All clubs participating split the cost and reduces the amount of money we need to pay from our club operating costs. Test Chairperson will arrange and notify skaters/ coaches of the location of these ‘buddied’ days.

Informal/Formal Test Days

Test days can be run in a formal setting where the ice is cleared and each skater is tested individually before an evaluator. High test days are usually ran in this manner and are planned during the daytime. An informal test setting is held on-session, which is during a regular skating session. The individual skater is evaluated by an evaluator and the ice may be only partially cleared OR not at all. This setting allows skaters to demonstrate skills without the added stress of a formal audience. Low Test days are usually ran in this manner. The test day format is arranged by the Test Chairperson and the evaluator.

Preparing for Test Day

Skaters must be dressed appropriately - skating dresses, beige tights and neat hair for girls, trim pants and a trim shirt or sweater for boys. Make sure your skates and laces are clean and neat.

Skaters may wear a sweater and gloves for warm-up but these should be removed for the test unless the skater is extremely cold. Skates should be properly sharpened by a professional figure skate sharpener. Do not arrive on the day of the test with freshly sharpened skates. If your child’s skates need to be sharpened it is a good

Test Day Information for Skaters and Parents

Elmvale Skating Club



www.elmvaleskatingclub.com

Low Test Days

Low Tests include Preliminary, Junior Bronze, and Senior Bronze tests in Freeskate, Skills and Dances. Generally testing begins in ESC on the Junior session.

Dances Include:

Preliminary: Dutch Waltz
Canasta Tango
Baby Blues

Junior Bronze: Swing

Fiesta Tango
Willow Waltz

Senior Bronze: Ten Fox

Fourteen Step
European

These tests are evaluated by one evaluator obtained by the Test Chairperson.

There are a minimum of two opportunities to test during the winter skating season in Elmvale.

Coaches determine with skaters whether the skater is prepared to try a test.

The Club's Test Chairperson will provide details on date and time of tests.

High Test Days

High tests include Junior Silver, Senior Silver, and Gold tests in Freeskate, Skills, and Dance. Introductory to Gold Interpretive Tests and Diamond dances.

Dances Include:

Junior Silver: Keat's Foxtrot
Harris Tango
American Waltz

Senior Silver (Any 4 of): Paso Double

Starlight Waltz
Blues
Kilian
Cha Cha Congelado

Gold (Any 4 of): Viennese Waltz

Westminster Waltz
Quickstep
Argentine Tango
Silver Samba

Diamond (Any 4 of): Ravensburger Waltz

Tango Romantica
Yankee Polka
Rhumba
Golden Waltz
Austrian Waltz

There are a maximum of three opportunities to test during the winter skating season sharing/buddying' with other local clubs. Skaters are permitted to test at their club's High Test days only during the winter season to a maximum of three test attempts per winter season. Coaches determine with skaters whether the skater is prepared to try a test.

These tests are evaluated by one eval-

Competitive Test Days

uator by COS Judges Bureau.

Competitive tests include Singles, Pairs and Dance Tests – Juvenile to Senior. They are judged by a panel of three judges obtained by the COS Judges bureau, but may be single-paneled with the COS approval. These tests are held in a centralized area, rarely at a local club

Fees

When a skater is scheduled for a test, there is a 12.00 fee that is sent directly to Skate Canada. An envelope with the test information will be given to your child/you by your coach. You will be given a deadline to return the envelope with applicable test fee(s) to either your coach or the Test Chairperson.

Coaches will invoice skaters for time they coach and/or partner skaters for test days. This is an agreement between the coaches/skaters/parent, not the fees noted above.

Record Keeping

When a skater has taken a test, a test paper will be given to the coach who will review the results with the skater. PLEASE KEEP THIS RECORD of the skater's test. The Test Chairperson does record all completed tests on a Skater's Test Record Card, and with Skate Canada. There have been missing tests from other clubs, resulting in difficulties determining a skater's test completion.